

Just Dance Roanoke

Fall 2016 Schedule
1866 Apperson Dr. Salem, VA 24153

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30a	Wake 'n Shake: Amy		Just Dance™: Shake& Squat Amy		Wake 'n Shake: Lindsey		
9:30a	Just Dance™: Blythe	Zumba®: Liza	Just Dance™: Leticia	Just Dance™: Liza	Just Dance™: Blythe	Zumba®: Chelsea	Just Dance™ : Lindsey
10:30a						Just Dance: Amanda	
							Available for Private Parties/ Workshops
4:30p		Just Dance: Kailey		Just Dance™: Shake & Squat Antonia		Available for Private Parties/ Workshops	3:30p Just Dance™: Jess
5:00p	Zumba®: Brandy		Just Dance™: Amanda				
5:30p		Zumba®: Antonia		Just Dance™: Brandy	5:45p Just Dance™: Kailey		
6:00p	Mega Mix- 90 Min Sara		Just Dance: The Breakdown Amanda				
6:30p		Just Burn™ BLAST: Kelly *25 minutes	Just Dance: Danica	Just Burn™ BLAST: Kelly *25 minutes	Available for Private Parties/ Workshops		Available for Private Parties/ Workshops
7:00p		Just Dance: Kelly		JDR After Dark: Kelly & Chelsea			

Set up your JDR profile, sign up for class and purchase memberships online at MyJDR.com