

# Just Dance Roanoke

Fall 2014 Schedule  
1866 Apperson Dr. Salem, VA 24153

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>5:30a</b>	Wake 'n Shake: Amy		Just Burn™: Erin		Wake 'n Shake: Erin		
<b>9:30a</b>	Just Dance™: Leticia	Zumba®: Liza	Just Dance™ & Just Burn™: CORE Leticia	Just Dance™: Liza		Zumba®: Alison	Just Dance™ & Just Burn™: CORE (15 mins) Amy
<b>10:30a</b>						Family Jam: Chelsea	
<b>12:15p</b>	Just Dance™ Express: Antoina \$5 DI Option				Just Dance™ Express: Lindsey \$5 DI Option	Available for Private Parties/ Workshops	Available for Private Parties/ Workshops
<b>4:30p</b>	Zumba®: Brandy	Just Burn™: Lindsey	Just Dance™: Tara	Just Dance™: Shake & Squat Antonia			<b>3:30p</b> Just Dance™: Tara
<b>5:30p</b>	Family Jam: Tara	Zumba®: Chelsea	Yoga: Vanessa	Just Dance™: Brandy	<b>5:45p</b> Just Dance™: Sara		Available for Private Parties/ Workshops
<b>6:30p</b>	Mega Mix- 90 Min Sara	Just Burn™ BLAST: Kelly *20 minutes	<b>6:40p</b> MegaMix- 90 Min Lindsey	Just Burn™: Amy	Available for Private Parties/ Workshops		
<b>7:00p</b>		<b>7:00p</b> Just Dance: Kelly		Zumba®: Kelly			
<b>7:30p</b>							